

Adrenaline Rush

E-Newsletter for the New Zealand Resuscitation Council

www.nzrc.org.nz

Edition 8

March, 2011

From the Editor

Greetings from the New Zealand Resuscitation Council and welcome to this first '*Adrenaline Rush*' for 2011.

Hopefully you have all managed to find time to enjoy some quality time with family and friends over the festive period. No doubt there are many of you who, like me, have already broken your New Year's resolution and are pondering how to resuscitate your waistline. If only there was such a thing as a 'deflabulator'. Watch this space.

Most of you will now be aware of the recommendations from ILCOR for 2010, and the resultant guideline changes. Hopefully the further simplifications and focus on early and uninterrupted chest compressions will make both our practice and teaching of resuscitation more effective and less complicated for both health professionals and the general public. I wish you all well for the year ahead as you weave these new guidelines into your teaching, courses, and clinical practice.

As mentioned in the previous edition I would welcome any ideas, stories, anecdotes and suggestions that you would like to share or think should be discussed with other readers of '*Adrenaline Rush*'. Please just send into me and I will add to the next edition.

Paul Winder

Invercargill

From the CINZ Chair

I did promise Paul some time ago that I would have my contribution to this issue of *Adrenaline Rush* “completed soon”. Sorry Paul didn’t make it. I do apologise for the delay.

I know that many who read this will have been affected either directly or indirectly by the recent devastating earthquake in Christchurch. For those who have experienced loss our thoughts go out to you. For those who have contributed to the recovery we applaud and commend your efforts.

CINZ Workshop 2011

Many CINZ members have already registered for this year’s workshop to be held in Hamilton on Monday the 18th of April. We have put together a programme of workshops for CORE instructors that are focused on the integration of the new resuscitation guidelines into the CORE Framework. Our aim is to provide some direction and smooth out some of the apparent conflicting aspects of the guideline.

The meeting has been supported by the NZRC and also the Waikato Clinical Skills and Simulation Centre.

For those that missed the original notification of the meeting it’s not too late to register and a copy of the registration form is at the end of this edition of *Adrenaline Rush*. I’m certainly looking forward to catching up with as many CINZ members that can make the meeting.

NZRC National Administration Office

After a long association with the Wellington School of Medicine and Otago University, the NZRC National Administration Office is moving from its accommodation on the Wellington Hospital Campus. The Council is certainly most grateful for the support and generosity that has been offered by Associate Professor Duncan Galletly and the University in providing a home for the National Administration Office for the last 15 years or so.

The office at the School of Medicine will close on the 15th of April. Jackie will be continuing to provide the services of the office from temporary accommodation until a more permanent office is confirmed.

Spark of Life Perth

The Australian Resuscitation Council (ARC) Scientific meeting in Perth is only weeks away now. The theme of the conference is “Resuscitation Guidelines 2011 – What, Why & How”.

This is the eighth “Spark of Life” on 7 – 9 April. There are a number of International and Australasian speakers of high standing who have been invited to participate in the conference. Those who have attended the meeting in the past will know the scientific content of the program will be high quality and incorporate the latest research evidence. More details can be found at the ARC website: www.resus.org.au

Trans Tasman Recognition of Advanced Life Support Training

The NZRC and the ARC have signed an agreement to allow for recognition of the courses of each council as equivalent for the purposes of professional or workplace credentialing.

The two councils are now working collaboratively to support high quality resuscitation education and practice across the region, including joint participation in ILCOR (as ANZCOR) and for the first time have released joint national resuscitation guidelines.

One of the drivers for this collaboration has been the recognition that New Zealand and Australia have health work forces which share many professional systems including training and credentialing and that practitioners are highly mobile between the two countries. Organisations that employ health professionals require them to show evidence of competency in resuscitation. This competency is based on the standards set by the respective Councils.

The NZRC and the ARC support different resuscitation training courses. While these courses have taught slightly different material in the past, this has reflected differences in national resuscitation guidelines which are now likely to be significantly less. In recognition that these differences have only been minor and have no impact on the quality or outcomes of resuscitation in practice, the NZRC and ARC have agreed to recognise the certification provided from the courses of each council as equivalent for the purposes of professional or workplace credentialing.

Certification of instructors to teach on these courses remains the independent responsibility of each national council and courses which have been accredited by the ARC or the NZRC (rather than provided by Council certified instructors) are excluded from this agreement. It is expected that health professionals would still be required to complete a resuscitation training course within the country in which they are working within the usual period of time required for recertification in their profession or workplace.

NZRC Scientific Meeting 2012

Check your diary for 2012 and make a date for April. The NZRC scientific meeting is to again be held in Auckland. Our planned dates for 2012 are the 26th, 27th and 28th of April. The 26th

will be the satellite CINZ workshop. The theme of the meeting is yet to be confirmed but watch for further updates. We are also keen to see more free paper presentations at next years event so I would urge you to keep this in mind if you are currently engaged in any research projects nearing completion.

Kevin Nation

Hamilton



Core Instructors of New Zealand (CINZ)

The 2011 changes to resuscitation guidelines reflect the most recent scientific evidence which was evaluated and recently published by the International Liaison Committee on Resuscitation (ILCOR) and its member organisations, including the New Zealand Resuscitation Council and for the first time have been jointly developed and published with the Australian Resuscitation Council (ARC).

Join colleagues to discuss the integration of the new guidelines into CORE teaching.

“Guidelines Workshop 2011”

Clinical Skills and Simulation Centre

Waikato Hospital Campus

Hamilton

18th of April, 2011

0900 – 1630 hrs

***This event is proudly supported by
the New Zealand Resuscitation Council Inc***



Core Instructors of New Zealand (CINZ)

“Guidelines Workshop 2011”

Clinical Skills and Simulation Centre, Waikato Hospital Campus, Hamilton

18th of April, 2011

Registration Details: Name: _____ Address: _____ Organisation: _____ Phone Number: _____ Fax Number: _____ Email: _____	
NB: Price includes GST NZRC GST No: 70 418 517 Meeting: Monday 18th of April, 2011, 0900-1630 hrs Registration fee: CINZ Member \$ 109.25 (includes GST) _____ Total Amount Enclosed \$ _____	
Please make cheques payable to: “New Zealand Resuscitation Council Inc” Send to: The Treasurer New Zealand Resuscitation Council Inc P O Box 9063 Waikato Mail Centre HAMILTON 3240 Or Fax: 07 8590148 by 1 st of April, 2011 Or email: aprenda@actrix.co.nz	Please debit my credit card with the above amount (circle) Visa Mastercard (only options) Card Number: Expiry date: Name on card: Signature: