



ANZCOR Basic Life Support Guideline Changes April 2021

Guideline Number	Guideline Title	2021 Significant Changes
All Guidelines 2-8		<ul style="list-style-type: none">• The basic principles of BLS remain the same with the same ratios of compressions to ventilations (30:2), depth of compression (>5cm in adults, approximately 5cm in children and 4 cm in infants), and compression rate of 100 to 120/minute.• The value of ventilation is reaffirmed, and ventilation should be performed whenever the rescuer is willing and able.• The wording around considering danger to the rescuer has been changed
Guideline 5	Breathing	<ul style="list-style-type: none">• bag valve mask ventilation has been added to the breathing guideline for advanced rescuers who have been trained in their use.